BWY

BRITISH
WHEEL OF
YOGA

BOARD OF TRUSTEES

RECRUITMENT PACK

WHO IS BWY?

The British Wheel of Yoga (BWY) is Britain's largest and longest-established yoga charity, founded in 1965. Our mission is to promote a greater understanding of yoga and its safe practice through education, experience, study and training.

We have a membership of over 4000 people, including yoga teachers and non-teachers. BWY is recognised by Sport England and Sport Wales as the National Governing Body for Yoga.

Unlike many yoga organisations, BWY does not prescribe a single style of yoga. We recognise that over thousands of years, different techniques have evolved to meet the needs of different people – from chanting and posture work to meditation. Our intention is to support a broad range of high-quality yoga that can meet individuals where they are.

We offer a well-established yoga teacher training programme with Ofqual-regulated Level 4 teaching qualifications, currently the highest regulated yoga teacher qualification in the UK. Our training is quality assured by our subsidiary, British Wheel of Qualifications (BWYQ). We also provide a suite of Continuing Professional Development courses that support clear pathways into specialist areas such as pregnancy yoga and yoga therapy.

BWY works with a variety of partners to bring yoga to different communities, including Parkinson's UK, the University of London's SOAS Centre of Yoga Studies, the Association of Colleges and other national sports governing bodies including British Taekwondo.

Our regional structure is at the heart of our community. Eleven regions across England, Wales and Scotland organise local events and activities, helping members to connect, learn and practise together.

Looking ahead, we aim to continue widening access to yoga in the community, provide high-quality yoga education and training, support and contribute to research on the benefits of yoga and fulfil our responsibilities as the National Governing Body for Yoga.

WHY JOIN BWY NOW?

Over the last four years, the BWY has refreshed its governance and is reshaping its business model to meet the needs of a modern yoga charity. We now have a strong Marketing team to extend our reach beyond our membership, deepen partnerships and stay relevant in a changing yoga landscape.

We are committed to shaping the future of yoga in Britain by supporting research into its benefits, advocating for BWY teachers within healthcare and strengthening our collaborations across the sector. People in the media and healthcare already turn to BWY for expert comment on yoga-related matters, and we are keen to build on this authority.

You can read about our strategic plan on our website: https://bwy.org.uk/about-bwy/strategic-plan/

THE BOARD OF TRUSTEES

Our Board currently includes:

- Five member-elected trustees
- Three trustees elected from the Regional Officers Committee
- Up to three co-opted trustees.

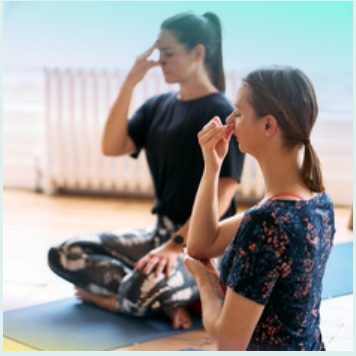
The BWY Board is dynamic, collegial and enthusiastic about the BWY's future.

You can find details of our current trustees on our website under 'About Us' or directly at: https://bwy.org.uk/about-bwy/meet-us/board-of-trustees/

THE OPPORTUNITY

We are looking for a Treasurer to join our Board of Trustees as a co-opted member. The role is ideal for someone who combines solid financial skills with a genuine interest in yoga and its benefits. This is for you if you can:

- Bring strong accounting skills
- Take a strategic view of BWY's finances and support sustainable growth
- Work collaboratively with our finance team
- Present clear, accessible financial information to the Board of Trustees
- Maintain an overview of financial risks and communicate them promptly to the Board
- Experience in financial planning, strategic growth and organisational change would be especially valuable.



TIME COMMITMENT

There are four online Board meetings per year plus an annual financial planning workshop in late Spring, and Trustees attend an in-person annual Board retreat weekend in January. The Treasurer chairs the Finance Committee, which meets monthly apart from December. Our Annual General Meeting is held in May. The overall time commitment is around 2-3 hours per week.

Eligibility Criteria:

- To be eligible to be a charity trustee to you must be over 18 years old.

You must not:

- Be bankrupt or have an individual voluntary arrangement (IVA)
- Have an unspent conviction for certain offences, including dishonesty or deception
- Be on the sex offenders' register
- Have been disqualified directly by the Charity Commission
- Have been disqualified from acting as a Company Director.

HOW TO EXPRESS INTEREST

To express an interest in this role, or to arrange an initial conversation, please email your CV and/or brief executive bio to our CEO, Peter Tyldesley, at: ceo@bwy.org.uk.